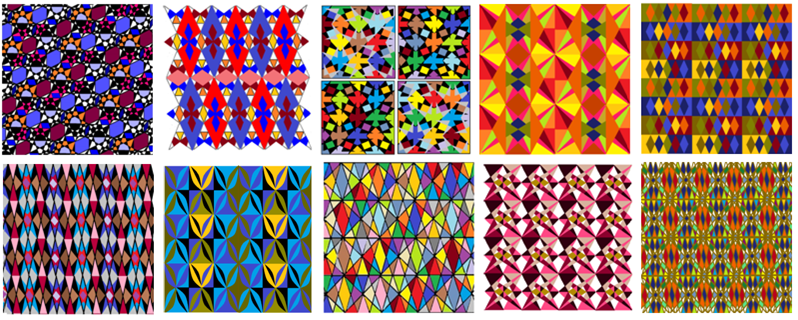
**Adult Colouring Book**

GEOMETRY enlightens the intellect and sets one’s mind right: Ibn Khaldun

**10 être Designs (Book 1)**

**Mindfulness - Left & Right Brain synchronisation - Healing - Therapy - Relaxation - Anti-stress - Focus - Creative outlet - Agility - Anxiety relief**

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